



BRIEF COACHING

A Solution Focused Approach to

IMPROVING PERFORMANCE

A one-day Masterclass with Chris Iveson

7th May 2017

Ljubljana, Slovenia

In this Masterclass you will learn how to lighten your touch, place even more trust in your clients, find new ways to enjoy your work and create more energy and space for your own life and well-being.

Chris will walk you through the Solution Focused Coaching questions most associated with rapid change and show how by sticking purely to description clients are more able to work out their own best way forward. He will demonstrate how to search the client's history for the antecedents of change so that the past is reshaped as a precursor of success rather than an explanation of failure. He will also show how third parties, not directly involved in coaching can be influenced to make positive changes to their levels of performance. Participants will be invited to share some of their own most troubling issues so Chris can demonstrate exactly how Solution Focused coaching can work.

The BRIEF model, now having been taught in over thirty countries, offers a framework for longer-term career and organisational coaching and for single session 'hot issue' coaching both for individuals and teams. Their approach to conflict resolution is so effective it is being used in those most seemingly intractable conflicts that arise from unhappy divorces!

Central to this Masterclass will be the opportunity to practice each of the skills demonstrated so that they can be used the very next day. This is Chris's greatest strength as a teacher – the creation of safe and effective ways to practice and for each person to fit each skill to their own style of working.



ABOUT BRIEF

Chris and his colleagues (Harvey Ratner and Evan George) at BRIEF were one of the first European groups to bring de Shazer, Berg and O'Hanlon across the Atlantic to present their ideas in Britain and for over 25 years BRIEF and among the first to see what a Solution Focused approach has to offer the organisational world. BRIEF was central to the development of Solution Focused Leadership and Coach training in Europe and their early influence has now spread to some of the highest reaches of government policy, especially in Education.

ABOUT CHRIS

Chris was a manager in local government and the National Health Service for twenty years before establishing BRIEF where he has been full-time for even longer. He has an international reputation both as a coach and teacher: he is clear, simple and (occasionally) funny. You will learn a lot from him! It is his second time teaching in Slovenia but he has been here in his youth and claims to have nearly died of shock jumping into the Sava on a hot day. He also has, on the insistence of his ~~manager~~ wife, new glasses.



He is also author and co-author of four books: *Whose Life: Working with Older People*. 1999 revised edition. BT Press; and with co-authors, Evan and Harvey, *Problem to Solution: brief therapy with individuals and families*. 1990 rev. 1999. BT Press; *Brief Coaching a Solution Focused Approach*, 2012 Routledge; and *Solution Focused Brief Therapy: 100 Key Points and Techniques*. 2012 Routledge.

Venue: Hotel Nox, Celovška 469, 1000 Ljubljana, Slovenia

Price: 200€+VAT, please register at: info@ribalon.si

Organizers: Ribalon Institute, Slovenian Solution Focused institute in collaboration with BRIEF London (UK), www.ribalon.si; www.brief.org.uk